

Implementation of Muhadharah Program Activities in Self Improvement of Students (Case Study at The Roudlotul Qur'an Lamongan Islamic Boarding School)

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ABSTRACT

Muhadharah activities are one of the muhadharah programs at the Roudlotul Qur'an Lamongan Islamic boarding school. the muhadharah activity program is one to train students to preach and lecture. not only that, muhadharah activities are activities to train self-confidence. Preliminary studies at Islamic boarding schools show that there are several problems in terms of muhadharah and self-confidence activities at the Roudlotul Qur'an Lamongan Islamic boarding school. Therefore, this research on muhadharah activities and students' self-confidence at the Roudlotul Qur'an Lamongan Islamic boarding school is relevant to do. The purpose of the study was to find out. The results of this study showed that the activities of muhadharah and the confidence of students at the Roudlotul Qur'an Lamongan Islamic boarding school, that: (1) Muhadharah activities were carried out once a week on Sunday nights. It is carried out in their respective complexes, consisting of the Qodim, Jadid, Rijal, Darul Amin complex. In the Darul Amin complex, there are no muhadharah activities because the Darul Amin complex focuses on memorizing the Al-Qur'an. (2) efforts to increase self-confidence from students in carrying out muhadharah activities at the Roudhotul Qur'an Lamongan Islamic boarding school, which is carried out by means of administrators at muhadharah activities always reminding scheduled officers or students to practice preparing their duties according to the division that has been obtained later with support among students and also motivating themselves and providing motivation to other students. (3) inhibiting factors and supporting factors for muhadharah activities, inhibiting factors and supporting factors are divided into two, namely internal and external factors. As for the internal factors, the influence on the individual students includes in terms of the influence of the

background of the students who have different personality characteristics .

Introduction

Islamic boarding school is one of the institutions to form a character who has faith and devotion to Allah SWT, has noble character, is beneficial to society or serves society (Bianca et al., 2022). Islamic boarding schools are one of the non-formal institutions in Indonesia, including the Roudlotul Qur'an Lamongan Islamic Boarding School. This Islamic boarding school has many male and female students. Islamic boarding schools have special training in the fields of lectures, reading the Koran, reading Islamic poetry, etc. This lesson is usually called muhadharah.

Muhadharah in the sense of amar ma'ruf nahi munkar is an absolute requirement for the perfection and safety of people's lives (Dinansyah, 2021). Muslims are supporters of the mandate to continue the message with da'wah, either as a community to other communities, or as individuals wherever they are, according to their respective abilities (Muflich & Syazili, 2023).

Da'wah management in achieving results focuses on da'wah targets which are targets for da'wah activities that are realized in concrete form (Nia, 2022). Therefore, collective action is needed in the form of cooperation in accordance with the capacities and abilities of the da'wah practitioners so that each of them is able to provide maximum contributions according to their professionalism.

Method

The type of research used by researchers is qualitative research, namely research which basically uses a natural background by interpreting phenomena that occur and is carried out by involving several existing methods (Basuki, 2023). According to Denzin and Lincoln qualitative research is research that uses a natural setting (Rukajat, 2018). Qualitative research can help enlighten, understand and answer the problems that humans face in life. In qualitative research, the methods used are usually interviews, observation and use of documents (Raco, 2018).

Qualitative research also produces analysis procedures that do not use statistical analysis procedures. It is clear that the research shows the difference between qualitative and quantitative research, namely by highlighting that any quantification efforts do not need to be used in qualitative research. Therefore, it is related to narrative data and data analysis. Qualitative research methods are mainly used to obtain significant amounts of data and in-depth information regarding the issue or problem that you want to solve. This method involves the use of in-depth interviews, observation, and data collection.

Results and Discussion

a. Research result

1. Implementation of Muhadharah Program Activities

Based on the results of observations made by researchers, it can be described that muhadharah activities at the Roudlotul Qur'an Lamongan Islamic boarding school are running well. Muhadharah activities at the Roudlotul Qur'an Lamongan Islamic boarding school are carried out by planning, implementing and evaluating. Muhadharah planning is carried out with special planning. Such as preparing themes or materials, time, techniques, facilities and infrastructure for students, as well as determining which students will appear. So that when muhadharah is carried out it will be carried out based on the expected goals. This activity was guided by the administrator responsible for language at the Roudlotul Qur'an Lamongan Islamic boarding school.

The Roudlotul Qur'an Lamongan Islamic boarding school has a muhadharah program activity which encourages students to have the skills to speak or make public speeches, namely muhadharah activities which are held once a week on Sunday evenings. Muhadharah has been held since the inception of the Roudlotul Qur'an Lamongan Islamic boarding school.

The above conditions are reinforced by the statement "Ustadz Ahmad Ali Arifin as chairman of the foundation stated: "Muhadharah has been held since the inception of the Roudlotul Qur'an Lamongan Islamic boarding school. In this muhadharah activity, students can sharpen their talent for speaking in front of other students so that later, after the students leave the Islamic boarding school or in society, the students will have the courage. This activity is held to practice giving speeches or lectures. Muhadharah activities are held once a week on Sunday evenings and are attended by all students. "The implementation of muhadharah activities can increase the students' self-confidence, just like the students who represent the competition in this activity."

The task of an administrator is to find a topic/theme for those in charge of the sermon on Sunday evening. And the administrators not only look for sermon topics but the administrators also organize the course of these activities. Before carrying out muhadharah, students are given the freedom to create the text of their own speech. So that they can express their own language.

This is stated by "Titin Nur Hamidah" a teacher regarding the location of muhadharah activities: "Muhadharah activities are carried out in each complex. At the Islamic boarding school there are 4 complexes consisting of Jadid, Rijal, Qodim and Darul Amin complexes. The Darul Amin Complex does not have muhadharah activities. Because Darul Amin is a place for tahfid Al-Qur'an. And the students at the Darul Amin complex only focus on memorizing the Koran."

The same thing was conveyed by "Yunita Rahman" from one of the Darul Amin complexes: "In the Darul Amin complex there are no muhadharah activities. Because in the Darul Amin complex the focus is on memorizing the Koran. Because in the Darul Amin complex there is a muroja'ah Al-Qur'an" In muhadharah activities which serve as sermons on Sunday nights, there must be preparation on the day before carrying them out. Because during muhadharah

activities, there are students who are not responsible for carrying out muhadharah activities.

This can be strengthened by the statement "Bashirah Achfin", a student stating about what is involved in muhadharah activities, namely: "In muhadharah activities there are various arrangements of events, namely the first is the opening which serves as MC, the second is the reading of the holy verses of the Koran, the third is the three-language khitobah, namely English, Arabic and Indonesian, the fourth is the closing or prayer. The muhadharah activities are on duty in the rooms once a week. "Muhadharah activities are closed during the final semester exams and mid-semester exams."

This muhadharah activity is important for students because it trains students' self-confidence and is also one of the muhadharah programs. Muhadharah program activities in Islamic boarding schools are also used during events commemorating national days and Islamic religious holidays.

This can be strengthened by the statement "Fasa Faisholia Infaka" by the muhadharah activities officer, namely: "Muhadharah activities can be used during events commemorating national days and Islamic religious holidays. National days such as commemorating Indonesia's Independence Day, while Islamic religious holidays such as commemorating the birthday of the Prophet Muhammad SAW."

What was conveyed by "Siti Farikha" one of the administrators of muhadharah activities at the Qodim complex was that muhadharah activities were carried out in their respective complexes. In accordance with the results of the interview as follows: "Muhadharah activities are held on Sunday evenings after reciting the Diniyah Koran once a week. In each complex. Consists of the Jadid, Qodim, Rijal complexes. The material presented by the muhadharah officers has been determined by a theme once a week by the management. And those on duty take turns. Alternate according to each room. My ability to be a muhadharah officer, in my opinion, is that every thing has wisdom in it, depending on how the person reacts to it. I always learn to be better when I get muhadharah assignments."

This was conveyed by "Ahmad Helmy Musyafa" from one of the Rijal complexes. In accordance with the results of the interview as follows: "Muhadharah activities use three languages, namely Arabic, English and Indonesian. The benefit of using three languages is to become fluent in those languages. Learn and train to speak various languages"

This was conveyed by "Bintang Sudrajad Ilhami" from one of the Rijal complexes. In accordance with the results of the interview as follows: "This muhadharah activity is useful so that when you leave the hut you will be brave and confident in public"

Muhadharah activities are beneficial for students. Because the muhadharah activity is to practice skills in that language. And also to practice self-confidence in public.

2. Efforts to Increase Students' Confidence in Carrying Out Muhadharah Activities at the Roudlotul Qur'an Lamongan Islamic Boarding School

Based on the results of observations made by researchers, it can be described that the efforts made to increase the level of self-confidence at the Roudlotul Qur'an Lamongan Islamic boarding school in implementing muhadharah are by means of the administrator of muhadharah activities always reminding scheduled officers or students to practice preparing their tasks according to the distribution. has been obtained

The above condition is reinforced by the statement "Bashiroh Achfin" one of the students stated: "The management always reminds the students of their duties so that later they will be aware of their duties and then want to practice, this can increase the students' self-confidence."

Meanwhile, according to "Ustadz Ahmad Ali Arifin" as chairman of the foundation, students must have self-confidence, namely: "With muhadharah activities, students will have self-confidence and have a responsible character and this feeling of laziness will disappear and the students will be enthusiastic during muhadharah activities."

During the muhadharah activity, the students thought positively. Because the students feel happy to be able to express and practice speaking well and firmly. The impact of implementing muhadharah activities on the students' self-confidence. positive activities. Santri also have self-love and a sense of security.

The above conditions were conveyed by Ustadzah "Titin Nur Hamidah" stating: "The impact of implementing muhadharah on the self-confidence of students at the Roudlotul Qur'an Islamic boarding school in Lamongan can improve the character of students and make students more confident because muhadharah is a characteristic that leads to the formation of self-confidence."

Muhadharah program activities can shape the character of students. For example, at first the students were not confident, but then the students finally became confident. Students who initially didn't believe in themselves became confident. because they get motivation from people and those closest to them. These students also have a responsible character. For students who are not responsible for their duties, the management will give this warning. Students who are confident in their abilities will be more active in interacting with other people and their closest friends. Not only that, but also actively participating in positive activities. Santri also have self-love and a sense of security.

What was conveyed by "Siti Farikha" one of the administrators of the muhadharah activities at the Qodim complex was that the efforts made by the administrators were to notify and always inform the officers who would appear at the muhadharah activities, so God willing, the students on duty would be enthusiastic about continuing to practice preparing for the performance . in front of his friends. In accordance with the results of the interview as follows: "By always informing or notifying that the santri are tasked with advancing to the next week's activities, and at the end of the muhadharah activities, the management usually announces the names of the santri who are tasked with advancing."

This can be strengthened by the statement "Faisholia Infaka Phase". muhadharah activities officer. The efforts made by the officers or students are by means of the students motivating each other themselves and then motivating and encouraging each other among the students. As stated by Fasa Faisholia Infaka, namely: "Efforts to increase students' self-confidence in carrying out muhadharah activities are carried out by all students supporting each other among students and encouraging themselves as well as encouraging other students, thus increasing the enthusiasm and motivation of students to take part in the series of events in the Islamic boarding school"

This is in accordance with what was said by "Ahmad Helmy Musyafa', one of the students of the Rijal complex" namely: "What made my self-confidence increase was from my friends who assured me that I could appear well in public. So I became more confident to move forward in front of other students."

Then, to increase the self-confidence of students at the Roudlotul Qur'an Lamongan Islamic boarding school in participating in muhadharah events carried out by students, they continue to practice and prepare according to the tasks they receive.

This was conveyed by "Bintang Sudrajat Ilhami" one of the students at the Rijal complex, namely: "So the students' efforts to increase their level of self-confidence in muhadharah activities at the Roudlotul Qur'an Lamongan Islamic boarding school are by first preparing what is said in front of them, then reading it, understanding it, and then practicing so that when they appear in front they won't be nervous."

This was conveyed by "Yunita Rahman" from one of the Darul Amin complexes. Prepare well or practice first, find a quiet place so that when practicing you can focus and not feel disturbed by your friends. With the following expression: "The effort I make to increase my self-confidence is that I always practice being Qiraah on the birthday of the Prophet Muhammad. At that time it was also time to prepare every morning and evening. And that is by preparing seriously so that you can give your best without making any mistakes."

Motivation and enthusiasm from oneself and from others can increase students' level of self-confidence. Not only motivation from other people, but motivation from within ourselves greatly influences us.

3. Supporting and Inhibiting Factors of Muhadharah Activities

Based on the results of observations made by researchers, it can be described as a lack of motivation in muhadharah activities. So the students lack enthusiasm. Furthermore, language skills are often an obstacle for students. When participating in muhadharah activities when students are appointed to be muhadharah officers, students still feel embarrassed, afraid and not confident, especially before practicing first. When appearing in front of his friends, the students were still not optimal. There these activities are effective. In terms of language, students are able to hone their own language. Da'wah training activities to improve his abilities. If you participate in muhadharah activities once a week, they can have a positive effect.

The above conditions are reinforced by a statement by "Ustadz Ahmad Ali Arifin", chairman of the Roudlotul Qur'an Lamongan Islamic boarding school foundation, stating: "The inhibiting factors actually depend on the student because each student has a different background. I have always tried to give the best as much as possible so that students are aware and willing to follow the rules when muhadharah activities take place, however, students who participate in these activities still lack interest, feel bored and lack enthusiasm when taking part in muhadharah activities and there are also students who are not disciplined when It can be proven that when participating in muhadharah activities, students are often found playing alone and not being serious about participating in muhadharah. Then for supporting facts at the end of the student meeting in the muhadharah activity. Then as a supporting factor at the end of the meeting, we always give students who have the best performance in muhadharah activities praise and motivation so that they feel appreciated for their efforts and are always enthusiastic about participating in muhadharah activities.

Some of these students are also lazy when given the task of preaching. And there are also some who are irresponsible when given the task of muhadharah activities.

The above condition was conveyed with the statement "Bashirah Achfin" one of the students stated: "Students need enthusiasm and motivation. But there are students who are irresponsible and also lazy to find the topic of the sermon. "In fact, the management also reminded and explained his duties many times."

Meanwhile, according to "Ustadzah Titin Nur Hamidah" as a teacher, muhadharah activities require support, namely: "The inhibiting factor is that some students still feel afraid when they become muhadharah activity officers because these students are not confident in their abilities, especially before they appear. We have trained these students first, but the students' performance is still not optimal when they become officers. And for supporting factors, we always approach students who feel embarrassed, awkward and afraid when they become muhadharah activity officers in the hope that these students can understand and comprehend the abilities they have."

The character of the students is different, some are irresponsible, some are strict, and some are irresponsible. Muhaharah activities can help efforts to develop intelligence and spiritual activity. As a parent, you must support these muhadharah activities. The teacher provides encouragement and makes an approach to students who feel embarrassed, awkward and afraid to become muhadharah officers with the aim that these students can better understand and understand the abilities they already have.

The above condition is reinforced by the statement with "Bintang Sudrajad Ilhami" which is wrong when the Rijal complex states: "The students need support during muhadhrah activities. And these students need motivation so that the students can think positively and be enthusiastic."

What was conveyed by "Siti Farikha" one of the administrators of the muhadharah activities, namely: "Manager The lodge must support those on duty

during muhadharah activities. Because those on duty need support and training in muhadharah activities"

What was conveyed by "Fasa Faisholia Infanka" one of the muhadharah activities officers was: "In fact, the inhibiting factors in improving public speaking skills come from 2 factors, namely internal and external factors. Internal factors originate from students' desires and there is no awareness of how important muhadharah activities are. Meanwhile, external factors come from the support of friends who are still less active in muhadharah activities. Then the supporting factors are getting used to doing positive things, such as diligently praying, studying diligently, being obedient and submissive to what the teacher says and looking for friends who want to be invited to take part in religious activities, one of which is the muhadharah activity program. "

What was conveyed by "Yunita Rahman" from one of the Darul Amin complexes, namely: "The inhibiting factor is being lazy to do something and not getting motivation from other people. The supporting factors are studying hard and thinking positively."

What was conveyed by "Ahmad Helmy Musyafa" from one of the Rijal complexes, namely: "The benefit is that we can be trained to speak in public and that we can become braver and appear confident in front of many people, increase our experience, knowledge and increase our activities and later if we are asked to fill an event, we will be more able because of the activities muhadharah so we already have experience in these activities"

The inhibiting factors in muhadharah activities come from 2 factors, namely internal and external factors. Internal factors come from within oneself and there is no awareness of the benefits of muhadharah activities for one's present and future life. Meanwhile, external factors come from each other's friends who are less supportive of muhadharah activities.

b. Discussion

1. Implementation of Muhadharah Program Activities

Muhadharah is formed from the words hadhoro-yahdhuru which means to come. In the book *Ushulu At-Tarbiyah wa At-Ta'lim* muhadharah has a broad meaning, namely a delivery that is carried out using an oral method or method without any questions and answers or audience participation with the speaker, except only noting important things and listening (Isnaini, 2022).

Muhadharah can be said to be a lecture, namely the delivery of a message in the form of words delivered to the general public, with the aim of the listener being able to understand, know, accept and be willing to do something that is conveyed to them.

Muhadharah at the Roudlotul Qur'an Lamongan Islamic boarding school is held on Sunday evenings once a week. Muhadharah activities at the Roudlotul Qur'an Lamongan Islamic boarding school have a schedule. The first is the opening, which serves as MC. The second is the reading of the holy verses of the Koran. The third is khitobah (speech). Fourth, namely the closing or prayer who serves as MC.

Muhadharah activities at the Roudlotul Qur'an Lamongan Islamic boarding school are aimed at the community. Because after leaving the Islamic boarding school, the students will have the courage to speak in public. When there is an event in the community, the student does not feel afraid, feels not embarrassed, and is not nervous.

Activities at the Roudlotul Qur'an Lamongan Islamic boarding school are carried out in their respective complexes. Consists of the Qodim, Rijal, Jadid, and Darul Amin complexes. At the Darul Amin complex there are no muhadharah activities because at the Darul Amin complex the focus is on memorizing the Koran. The muhadharah activity was also beneficial for the event. such as the birthday of the Prophet Muhammad saw. The muhadharah activities use 3 languages (English, Arabic and Indonesian). So the student not only trains self-confidence. However, the students can master the language.

2. Efforts to Increase Students' Confidence in Carrying Out Muhadharah Activities at the Roudlotul Qur'an Lamongan Islamic Boarding School

Self-confidence is a form or way of appreciating oneself, because it is a form of confidence and belief in one's abilities when doing something that is considered impossible (Permatasari, 2022). With this determination, a person's intelligence and skills will lead all actions to success. Even though it's little by little to achieve it, it will become a reality in the end.

According to Lauster and Apriyani, self-confidence is not an innate or inherited trait but is acquired from life experience and can be taught and taught through education, efforts made to create and increase the level of self-confidence. That's where self-confidence can develop and be formed through the process of understanding a person's socialization with their environment. According to Apriyanti, the cause of a person's lack of self-confidence is because the person thinks negatively about themselves or is haunted by worry or fear for no reason, resulting in feelings of discomfort and a desire to anticipate what they are doing as quickly as possible.

Regarding the efforts taken to increase the level of self-confidence of students at the Roudlotul Qur'an Lamongan Islamic boarding school in implementing muhadharah, namely by means of students motivating each other themselves and then motivating and encouraging each other among the students. This can create high enthusiasm for participating in every activity held in the Islamic boarding school.

Before carrying out muhadharah activities, students must prepare material that will be presented when they come forward. Once the material is ready, the next step is to read it and really understand it. There are also students who deliver speeches by memorizing, there are also some who bring texts.

In muhadharah activities, the students are trained to be more courageous and skilled at speaking in front of other students and accompanying administrators. A script needs to be prepared as a basis for the main material to be studied and conveyed to listeners or other students for assessment. With this, Santi can sharpen her mentality and also train her skills to be more optimal.

Then, in forming students' self-confidence, there are several things that must be paid attention to, namely:

- a. Self-love, in this case students encourage each other and then love themselves, accept themselves as they are, make peace with themselves and respect each other. In this way, students feel cared for, loved, appreciated, and can increase their self-esteem and feel comfortable with themselves. Especially in this muhadharah activity, students appear willing to accept themselves as they are and are able to be at peace with themselves, with this attitude little by little the students' self-confidence will increase.
- b. Sense of security, if students feel safe they will try to develop their abilities by answering and being brave enough to take interesting risks. In this case, the students in the boarding school feel safe and comfortable. There is a reciprocal attitude between kyai and santri, namely that the students consider their kyai to be their own fathers. Meanwhile, the kyai consider santri as a gift from God who must always be protected. This attitude also creates a feeling of responsibility on the part of the boarding school management to provide accommodation for the students. Especially in this muhadharah activity, the students who appear try to develop their abilities by having the courage to go forward and take the risks they get after coming forward in front of their friends. With this attitude, students' self-confidence will increase.
- c. Role model, in this role model the administrator teaches by example which is the most effective way for students to develop attitudes and social skills to be confident. In this case, the role of other people or students who come forward to serve in muhadharah activities is really needed to be used as an example for other students to be able to develop self-confidence.
- d. Broadly knowledgeable, in this case every student in the boarding school has advantages or disadvantages in itself. Then if they develop it seriously they will succeed in increasing their self-confidence. Especially in this muhadharah activity, students who have extensive knowledge or have advantages in themselves when appearing in muhadharah activities can show their strengths in front of other friends so that their self-confidence will increase (Ratningsih et al., 2021) (Sa'diyah, 2022).

3. **Supporting and Inhibiting Factors of Muhadharah Activities**

Obstacles and challenges in an activity are commonplace. There must be a challenge that hinders activities during and before and after the event. However, we must realize that these obstacles serve as a more optimal evaluation of subsequent activities. Likewise, supporters of muhadharah activities must be maintained as the cornerstone of the success of an event. Because having supporters is one of the indicators of the success of an event.

Likewise, with the supporting aspects in a muhadharah activity, supporting factors are part of the success aspects of an activity. Without supporting factors, muhadharah activities will not be carried out optimally.

Barriers for students in implementing muhadharah activities at the Roudlotul Qur'an Lamongan Islamic boarding school were identified into two main categories, namely internal factors and external factors. Internal factors refer

more to individual students. These individuals include the influence of student backgrounds who have different personality traits. Among these personality traits is a lack of interest in muhadharah activities. Interest is a tendency and high passion for something. This means that students' lack of interest in something affects their learning outcomes. Likewise, students who lack interest in the muhadharah activity program at the Roudlotul Qur'an Lamonga Islamic boarding school can be identified indifferently while the activity is taking place. According to Ustadz Ahmad Ali Arifin, as chairman of the foundation, students are less interested in participating in muhadharah activities because they are less aware of the importance of activities for students' learning of public speaking skills. Students who have low awareness of the importance of muhadharah activities for public speaking skills have not yet developed a sense of respect for each other and their love for knowledge, especially religious knowledge, which they get from the muhadharah material during the activity.

Other inhibiting factors which include internal factors are factors of fear and shame. The embarrassment of being a muhadharah officer is due to the students' lack of confidence in their abilities. Even though the supervising teacher has provided time for practice and guidance before the performance. However, due to psychological factors, children who lack self-confidence mean that the material that will be delivered will be less than optimal.

As for the external inhibiting factors that influence the development of muhadharah activities, as stated by the speakers, the factor of shame and fear in students comes from the fact that many students who are in the audience become mischievous by creating chaos during the event so that the students who will appear have bad thoughts and feel embarrassed because mistakes when giving a speech at a muhadharah activity.

The supporting factors according to Ustadz Ahmad Ali Arifin as chairman of the foundation. After the appearance of the students as muhadharah officers. The accompanying management provides praise and motivation. It is hoped that praise and motivation can encourage students to always be enthusiastic in participating in muhadharah. So that the public speaking skills expected by teachers can be achieved.

Other supporting factors come from the support of friends, family and the environment. The family environment is the initial environment of life for humans. Family is very important and influences an individual. Whether a child's personality is good or bad depends on how the family is educated. Likewise, peer influence can influence a child's personality in the success of the student's learning process.

Conclusion

Based on the discussion in the previous chapter, it can be seen that the implementation of muhadharah activities in Roudlotul Qur'an Islamic Boarding School, Lamongan is quite good, but needs to be straightened out underline that the growth of life skills in this school is through muhadharah activities are still not evenly distributed because they still exist some students who do not have

excessive motivation so It seems that they are just haphazard in carrying out activities the muhadhoroh. However, there are also some students who indeed has talent and high motivation in carrying it out muhadhoroh activities so that his abilities increase improved through these activities.

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